



RASASH

Rape and Sexual Abuse Service Highland

COVID 19 Service Information Sheet – active from Monday 13th April 2020

SUPPORT

During this COVID 19 period RASASH are still offering support to survivors of rape, any form of sexual violence including online and childhood sexual abuse. We can offer support whether it is recent or historic to anyone aged 13+ across Highland. We will continue to take new self-referrals via the support line for when ongoing support sessions resume. We are currently not offering any support face to face.

We can also offer support and provide information to other agencies or friends and family via the support line.

Advocacy

Advocacy staff will continue to provide information about the criminal justice and reporting process and will move to working in a focused way on individual tasks with people in order to accommodate the increase in need we foresee. We can still provide support to report to police, forensics examination and other related tasks though as with current recommendations this will not be face to face. Self-referrals can be made via the support line services.

Support Line Services

9.30 – 12.30 and 1.30 – 4.30 Monday, Tuesday, Thursday and Friday and Wednesday`s 9.30am till 12.30pm by

Telephone: 03330 066 909

Email: support@rasash.org.uk

NEW text support: 07451 288 080

We will increase our social media presence providing information and resources on coping in a crisis and sharing messages of connection in a time where many are isolated. We will involve survivors in feedback and development of further additional services.

www.rasash.org.uk

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